

# Walking in Our Community Series

A challenge is issued to all members of our community to encourage walkers to increase their steps and smart commute!

At each event, walkers may earn a total of two points:

One (1) point for attendance and one (1) point if you travel to these walks by foot, bike, carpool, bus, or any other mode than driving alone! The top three walkers with the most points will receive a prize! To participate, simply sign-in and report how you arrived at each walk! The Challenge winners will be announced at the kick-off of the 2011 Winter Warm-Up!



Prizes: Top 3 participants with the highest number of points will be awarded:

1. 3-Month YMCA Family Membership
2. \$100 Playmakers Gift Card
3. Bicycle Check-Over from Spin Street Bicycles



## 2010 Schedule (for more details and sign-up visit [www.cphlansing.com](http://www.cphlansing.com))

**Saturday, May 1**, 10 a.m. - Mayor's Grand Ledge Walk About at Victorian Day

**Saturday, June 5**, 8:30 a.m. - 13th Annual Lansing Mayor's Family River Walk

**Saturday, June 5**, 1:30-3:30 p.m. - Family Health Walk at the Hunter Park Music Festival

**Saturday, June 12**, 10 a.m. - Benjamin Davis Park Walk at the South Lansing Community Farmers Market

**Saturday, July 10**, 10 a.m. - Stroll East Lansing

**Saturday, August 7**, 10 a.m. - River Trail Walk at Old Town and the Lansing Jazz Festival

**Saturday, September 11**, 9 a.m. - Live Life Nspired Walk at the Charlotte Frontier Days

**Saturday, October 2**, 9 a.m. - Delta Township Grand Woods Park Walk

**Friday-Sunday, November 5, 6, 7**, Times: TBA - Marathon/Half Marathon Walk at Hawk Island Park

**Sunday, December 5**, 3 p.m. - Christmas Walk in the Meridian Township Historic Village

Questions: Alicia Armstrong - Playmakers, 349-3803 and Payal Ravani - Smart Commute, 248-342-1695